



FOR IMMEDIATE RELEASE: July 25, 2013  
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## August Programs for Job Seekers at the York County CareerCenter

Springvale - The York County CareerCenter in Springvale continues its workshop programs for job seekers and those considering training to upgrade their skills and increase their employability.

CareerCenters can assist businesses by offering workshops on location, at local businesses or other organizations at no cost. The following workshops and programs will be held at the CareerCenter in Springvale unless otherwise noted.

- **Resume Workshop** - Tuesday, August 6<sup>th</sup>, 9 a.m.-noon. Explore the basics of resume writing and learn how to promote the qualifications you have that directly match what the employer needs. Registration is required.
- **York County Works \*\*\* Note:** There will be no York County Works presentation this month. Watch for futures announcements introducing our topic for September.
- **York County Networking Group:** Brown Bag Networking the 2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the month from 11:30 a.m. to 1:30 p.m. following our York County Works Events. Take your job search to the next level by utilizing the power of Networking. Join your local York County Networking Group to meet other people, share strategies, tips and leads. Remember, it only takes one piece of information to lead you to your next opportunity. Bring a lunch and bring a friend! All are welcome. No reservation required.
- **Interview Workshop** - Tuesday, August 20<sup>th</sup>, 9 a.m. – noon. Learn new interviewing techniques by role playing interviews. Registration required.
- **Human Resource Panel Discussion** - Tuesday, August 27<sup>th</sup>, from 9 a.m. – 11 a.m. Join us and three Human Resources Directors from local companies who will discuss the “ins-and-outs” of resume and job application reviews, including job interviews and appropriate follow-up techniques. Call 324-5460 or 1-800-343-0151 to register for the **York County Works Human Resource Panel Discussion**.
- **GATEways to Employment** - Monday, August 26<sup>th</sup>, 9 a.m. – Noon. Join us for the beginning installment of our “workshop trilogy.” Learn how assessments can identify abilities, interests and skills and discover the unadvertised job market. Other topics include Job Search Strategies, Resumes, Cover Letter Tips and Interviewing. Registration Required.
- **Essentials of College Planning Workshop** – Monday, August 29<sup>th</sup>, 10 a.m. – 1 p.m. Randi Paine from the Maine Educational Opportunity Center (MEOC) will be offering a free workshop for adults 19 and older covering topics on College Awareness and Planning along with the Federal Financial Aid process. The instructor will assist participants in completing the Free Application for Federal Student Aid (FAFSA). Space is limited please call Karen Hadley Keim at 1-800-281-3703 or 581-3736 to register or visit MEOC’s website, [meoc.maine.edu](http://meoc.maine.edu) .

**Adecco Staffing** - Thursday August 1<sup>st</sup> from 10 am – 2 pm. an Adecco representative will be recruiting at the York County CareerCenter in Springvale. Current openings are with Poland Springs, Corning Life Sciences and GE. No reservation required.

**Springborn Staffing** – Tuesday August 6th & August 20th from 1:30 to 3:30 pm, a representative from Springborn Staffing will be recruiting at the York County CareerCenter. Openings are available for experienced Production, Assembly & Warehouse Personnel. Applicants must have reliable transportation. Please bring 2 valid forms of ID and resume to interview. Health insurance benefits are available.

The York County CareerCenter will also feature several sessions led by these partner organizations in August:

**Women Unlimited** - Non-Traditional Occupations Specialist consultations for those interested in exploring non-traditional occupations (NTO) for women and who are considering a potentially better-paying job. Contact Sue LeClair, NTO specialist at (207) 215-6992.

**Goodwill Workforce Solutions** administers federally funded employment and training programs through the Workforce Investment Act (WIA). Certain eligibility requirements apply. If you think you might qualify or could benefit from this program please call the Workforce Solutions Center in Biddeford at 207-571-3301 to schedule a date for a training orientation.

**Maine Centers for Women, Work & Community** offer no cost classes in Assertive Communication, Creating Your Future, Creating the Rest of Your Life, Credit Yourself, Entrepreneurial Training, Financing Your Future, Professional Development and Mature Worker Activities. For more information, call Ruth Graves in Saco at 286-1722.

Follow and keep track of our latest events on LinkedIn and Twitter. To find us on LinkedIn, go to LinkedIn.com and search for York County CareerCenter. To follow us on Twitter, go to Twitter.com and search for York CareerCenter.

CareerCenters, part of the Maine Department of Labor, offer a variety of services to help people find employment or upgrade skills. Each center provides several public-access computer workstations with Microsoft Office software, resume writing and cover letter software, Internet access and O'Net software for skills assessment. All CareerCenter services are free of charge.

The York County CareerCenter, located at 9 Bodwell Court in Springvale, is open 8 a.m.– 5 p.m., Monday through Friday and can be reached at 207-324-5460 or 1-800-343-0151 (TTY users should dial Maine Relay 711). You can also find more information at the CareerCenter website, [www.mainecareercenter.com](http://www.mainecareercenter.com). Maine CareerCenters are an equal opportunity provider. Auxiliary aids and services are available upon request to individuals with disabilities.